

PRIVATE AVALANCHE SAFETY TRAINING DAY

12 DEC 2020

VENUE: TBC. Chamonix or Verbier.

Meeting time: 09:00, either at Grand Montet (inside Marmattons café) or Le Chable ticket office. Day is likely to finish around 16:30.

Aims: This course is for people with no previous training in Avalanche Awareness. The one day programme is designed to give you a solid foundation of knowledge and skills, for you to build on in the future.

Overview: Subjects covered include why avalanches occur, risk reduction, and simple rescue techniques including use of safety equipment. The course is run on the mountain, off-piste if possible, using skis or snowboards to travel. Time will also be spent indoors covering theory.

Maximum group size: 1:6

Subjects covered:

- Causes of avalanches
- Understanding avalanche bulletins
- Route Planning in avalanche terrain
- Reading the signs to identify potential hazards
- Risk Reduction
- Safer Travel Techniques
- What to do if caught in an avalanche
- Effective use of shovel, transceiver and probe
- Organising a simple rescue

Included:

- Professional instruction throughout the day
- Free use of top quality avalanche safety equipment

Not included:

- Lift tickets
- Insurance
- Food/Accommodation

Equipment Needed:

- Ski/Board Equipment
- Warm clothing (including a spare warm jacket in case we stand around in the cold)
- Eye protection (sunglasses or goggles)
- Spare gloves
- Notebook and pencil/pen.
- Packed lunch or money to buy lunch.

- Avalanche Safety Gear (shovel, transceiver, probe) – if you don't have any of these then we will provide them at no extra cost. Please e mail in advance if you need to borrow safety gear on: info@avalancheacademy.com

Any questions in advance to Stuart Macdonald: +33 637 567092 info@avalancheacademy.com