



# RNSA

Royal Naval Sailing Association

## (Plymouth Branch)

### Plymouth to Dartmouth Saturday 24 August 2019

## SAILING INSTRUCTIONS

### 1 RULES

- 1.1 The race will be governed by the rules as defined in *The Racing Rules of Sailing* as well as RYA prescriptions, ISAF offshore racing council special regulations with RORC prescriptions.
- 1.2 Where boats are racing within the boundaries of the Port of Plymouth they are referred to the Dockyard Port of Plymouth Order 1999, a copy of which is displayed on the website (<https://www.gov.uk/government/groups/qhm-plymouth>) and Local Notices to Mariners.
- 1.3 **Racing Rule 52** is amended to permit the use of auto helms and self-steering equipment.

### 2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the RNSA Website and RNSA Plymouth Facebook page.

### 3 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 1800 on Friday 23<sup>rd</sup> July.

### 4 SIGNALS MADE ASHORE


- 4.1 Signals made ashore will be displayed from the flagstaff at the RN/RM Sailing Centre, Stonehouse Camber, located at the western corner of the entrance to Millbay Docks (Approximate Position 51.21.75 N; 04.09.30 W).

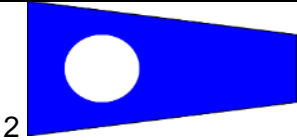
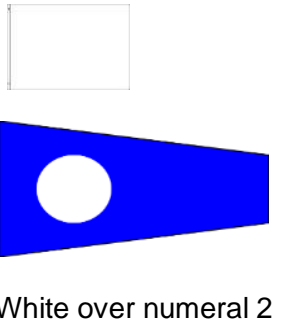


- 4.2 When Flag L (Come within hail) is displayed Last minute changes to the sailing instructions will be promulgated by VHF (**Channel 72**) if possible and / or by hail from the starting hut.

### 5 CLASS FLAGS

Class flags will be as follows:

Division	Numeral Pennant	Warning Singal
IRC	 1	0755

Port Handicap Division  <b>Fully Crewed</b>		<b>0800</b>
Port Handicap Division  <b>2 Handed</b>		<b>0800</b>

## 6 THE COURSE

- 6.1 The diagrams Attachment show prominent parts of the course, including; the start and the Finish.
- 6.2 Competitors shall:
1. Pass from West to east over the start line.
  2. Cross the finish line from south to north.
- 6.3 The courses will not be shortened. This changes rule 32.
- 6.4 Legs of the course will not be changed after the preparatory signal. This changes rule 33.

## 7 THE START

- 7.1 The starting line will be from the RNSA starting line at the RN/RM Sailing Centre, Stonehouse Camber.
- 7.2. The line is defined by the transit of the flagstaff at the Sailing Centre and a high visibility striped pole, with hollow diamond shape on the foreshore. The Outer Distance Mark is St Nicholas Buoy; the inner distance mark is the special mark consisting of a vertical yellow pillar at the entrance to Millbay..
- 7.3 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 7.4 A boat starting later than 20 minutes after her starting signal will be scored Did Not Start without a hearing. This changes rule A4 and A5.
- 7.5 If any part of a boat's hull, crew or equipment is on the course side of the starting line during the two minutes before her starting signal and she is identified, the race committee will attempt to broadcast her sail number on VHF channel 72. Failure to make a broadcast or to time it accurately will not be grounds for a request for redress. This changes rule 62.1(a).

## 8 THE FINISH

- 8.1 The Finish Line will be between the Royal Dart Yacht Club flag pole on Blackstone Point (approx 50° 20.1'N 003° 33.9'W) and the Castle Ledge Buoy (50° 20.00'N 003° 33.11'W) 106°T / 286°T degrees.

8.2 The Finish line may be manned, either ashore or by a vessel at anchor on the finish line; competitors should call "RNSA FINISH" on VHF Ch 72 when passing Homestone buoy (0.5nm south of the finish line).

8.3 **Individuals are responsible for recording their own finish time (in British Summer Time) and completing the declaration form.**

## 9 **PENALTY SYSTEM**

9.1 The Scoring Penalty, rule 44.3, will apply. The penalty will be 20% of the number of boats entered in that boats division.

## 10 **TIME LIMIT**

10.1 The Time limits will be 2000BST Saturday 24<sup>th</sup> July 2018.

## 11 **RETIREMENTS**

11.1 Any boat which retires shall make every effort to communicate this fact to the RNSA race committee (at the earliest opportunity either Via VHF CH 72 or contact the RNSA Offshore Sec (07932 875982).

## 12 **PROTESTS AND REQUESTS FOR REDRESS**

12.1 Protests must be made in writing and lodged with the Race Officer not later than four hours after finishing. It is anticipated that the race officer will be on board the yacht 'Sorcerer of Tamar" moored at BRNC, or a representative will be manning the finish line until the race time limit. In the event that the protesting yacht retires and does not proceed to the finish then the protest should be posted to the RNSA Offshore Secretary within 24 hours of retiring. This changes Rule 61.2.

12.2 The Exoneration Penalty and the Advisory Hearing and RYA Arbitration procedures of the RYA Rules Disputes procedures shall apply. The outcome of an RYA Arbitration can be referred to a protest committee, but an arbitration cannot be reopened or appealed. See the Official Notice Board for details.

12.2 The Race Officer/RNSA Offshore Secretary will inform all parties to the protest of the time and place of the hearing.

## 13 **SAFETY REGULATIONS**

13.1 All boats shall comply with The World Sailing **Offshore Special Regulations (OSR) Category 3 with RORC Prescriptions plus Category 2 life raft.** ([www.sailing.org/specialregs](http://www.sailing.org/specialregs)).

## 14 **RADIO COMMUNICATION**

Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. **This restriction also applies to mobile telephones.**

## 15 **PRIZES**

15.1 Prizes will be awarded at the RNSA prize giving for each Division/Class in proportion to the number of starters as follows:

1-5 entries 1<sup>st</sup>

.6-10 entries 1st, 2nd.

11-15 entries 1st, 2nd, 3rd.

## **16 RISK STATEMENT**

Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone." Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

**16.1** They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;

**16.2** They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;

**16.3** They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;

**16.4** Their boat is in good order, equipped to sail in the event and they are fit to participate;

**16.5** The provision of a race management team, other officials and volunteers by the event organiser does not relieve them of their own responsibilities;

**16.6** The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;

**16.7** They are responsible for ensuring that their boat is equipped and seaworthy so as to be able to face extremes of weather; that there is a crew sufficient in number, experience and fitness to withstand such weather; and that the safety equipment is properly maintained, stowed and in date and is familiar to the crew; and

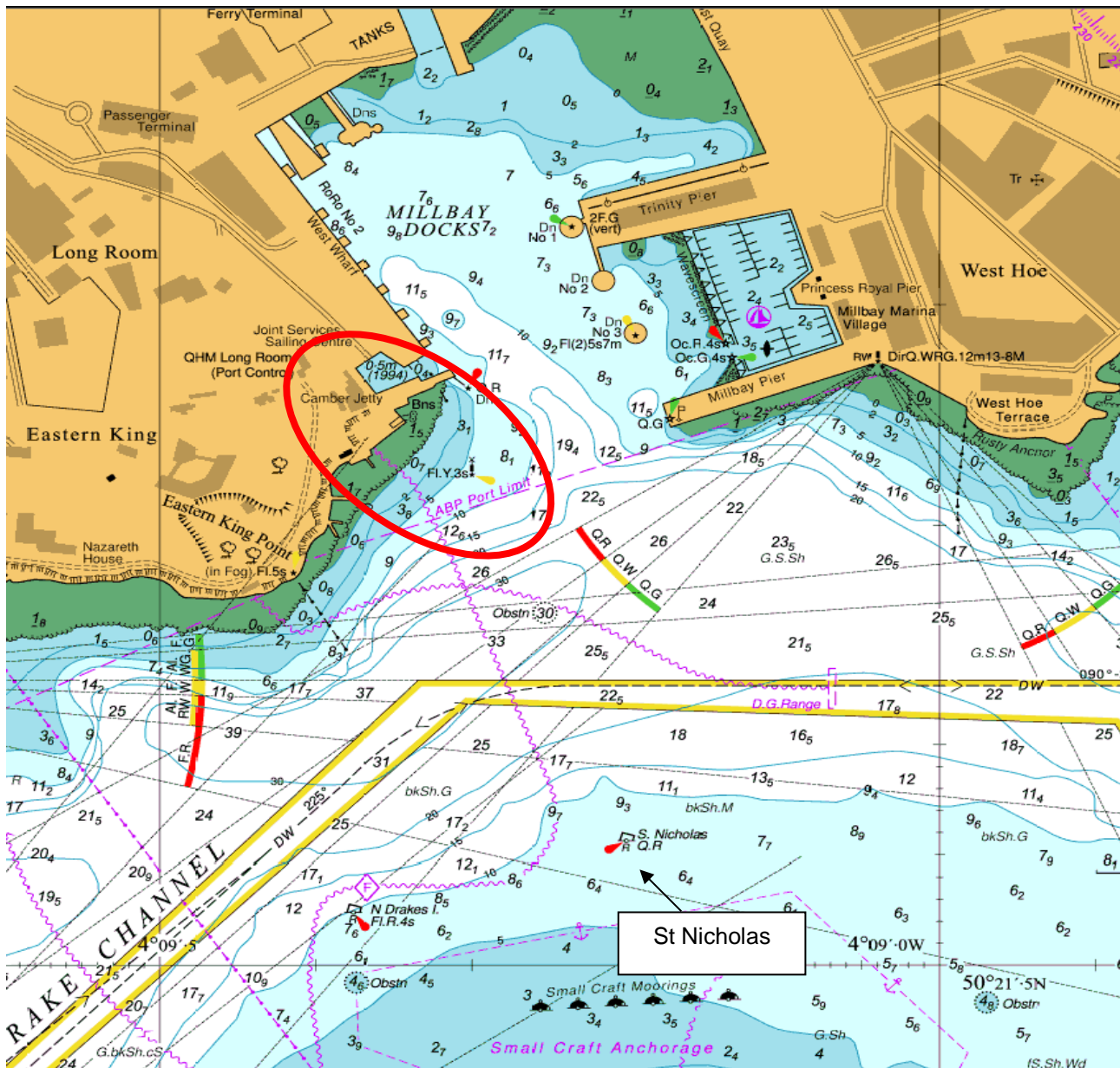
## **17 INSURANCE**

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £3,000,000 per incident or the equivalent.

## **18 FURTHER INFORMATION**

For further information please contact RNSA Plymouth offshore Sec Neil Pearson via Email: ([RNSA.OFFSHORE@gmail.com](mailto:RNSA.OFFSHORE@gmail.com)) or Neil Pearson 07932 875982 on board Yacht Sorcerer of Tamar.

# The Start



Not to be used for Navigation

## The Finish



**Not to be used for Navigation**



# RNSA

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### OFFSHORE PASSAGE RACE DECLARATION FORM

Please complete form in CAPITALS, sign & hand to a member of RNSA Race Committee at the finish, onboard Sorcerer of Tamar (committee boat).

I declare that I was onboard the yacht .....

whilst sailing from PLYMOUTH to Dartmouth on ...24 Aug 2019

I further declare that all Racing Rules and Sailing Instructions were observed and that our **Finishing Time** in **BST** (NOT ELAPSED) was :-

Hour	Minute	Second

Name of Yacht Ahead and Astern		Sail Number (if visible)
Ahead		
Astern		

**Signature** ..... **Print Name** .....

**Date** .....

Please return completed & signed declarations to a member of the RNSA Race Committee after finishing.