

**Royal Navy Sailing Association (Portsmouth)  
vs  
Royal Engineers Sailing Club**

**The Ilex Trophy**

held under the burgee of the  
Royal Naval Sailing Association

5 Oct 19



**Principal Race Officer**

Lee Bichard

**Race Committee**

Cdr Gavin Marshall RN  
Lt Matt Irwin RN  
Cpl Josh Crisp

## **PART 1 - GENERAL INSTRUCTIONS**

### **Venue**

1. By kind permission of the Commanding Officer HMS Excellent and OIC Royal Navy Sailing Centre (RNSC) , the event will be held at RNSC, Whale Island, Portsmouth, PO2 8ER. Six Hartley 15s (and if necessary up to 6 Fusions) will be provided by RNSC.

### **Catering**

2. Competitors should provide their own lunch for the day.

### **Changing Facilities**

3. There are changing facilities at RNSC. Please do not leave valuables in the changing rooms. There will be a limited supply of loan clothing available from the centre during the weekend therefore competitors are encouraged to bring their own sailing clothing if available.

### **Parking And Access**

4. Parking is ample at HMS EXCELLENT at the weekend but competitors are to ensure that the area around the RNSC remains clear for access.

### **Programme Of Events**

5. Timings for the regatta are as follows:

1030 Arrive and rig  
1100 Race brief  
1200 First warning signal  
1600 Boats ashore (latest)  
1630 Prize giving  
O/C Disperse

## **PART 2 - SAILING INSTRUCTIONS**

### **Rules**

- 1.1 Racing will be governed by the *rules* as defined in the Racing Rules of Sailing.
- 1.2 When boats are provided by the Organising Authority they shall be deemed to conform to their class rules.
- 1.3 Neither umpires nor observers will be used.

### **Entries**

- 2.1 To become eligible a team shall register as required by the notice of race or on arrival at the event.
- 2.2 After registration, no team member may be changed without the prior permission of the race committee which will be given only in exceptional circumstances.
- 2.3 The format of the event will be fleet racing in double handed Hartley 15 dinghies. Each boat shall be raced by 2 people.
- 2.4 Both the helmsman and crew must be serving members of the relevant sailing club stated on page 1, other than with consent of the Race Committee. The interchange or substitution of helm or crew shall be permitted only with the express permission of the Race Committee and then only in exceptional circumstances.
- 2.5 Each sailing club may enter up to 3 boats i.e. 6 competitors. Additional competitors may race in single handed Fusion class dinghies. The Fusion class is for development purposes only; the results will not be included in the Ilex Trophy.
- 2.6 All competitors are to wear personal buoyancy and wet/dry suits at all times when afloat.

### **Notices To Competitors**

- 3.1 Notices to competitors will be posted on the official notice board located in the Sailing Centre.

### **Changes To Sailing Instructions**

- 4.1 Changes will be posted on the official notice board not less than 10 minutes before the warning signal of the first affected race. In addition, if circumstances dictate, changes may be given verbally to team captains or individual boats by the Race Officer.

### **Signals Made Ashore**

- 5.1 The shore signal position is the flagpole outside the Sailing Centre.
- 5.2 When displayed ashore, flag AP with two sound signals (one sound signal when lowered) means "Races not started are postponed". The warning signal for the next race will be made not less than 20 minutes after flag AP is lowered. This amends race signal AP.

## **Boats**

- 6.1 Boats will be provided for all competitors. Other than with the express permission of the Race Officer or Committee, competitors shall not modify them or cause them to be modified in any way except that a wind indicators, including yarn or thread, may be tied or taped anywhere on the boat and a burgee may be flown.
- 6.2 Spinnakers, trapezes and the gear specifically provided for the utilisation of these shall not be used.
- 6.3 Breakdowns
  - 6.3.1 If a supplied boat suffers a breakdown, appropriate redress will be awarded by the race committee.
  - 6.3.2 Competitors are responsible for inspecting their boats before racing.
  - 6.3.3 Competitors shall report any defects, damage or breakdown to the race committee at the first reasonable opportunity.
  - 6.3.4 When to continue racing after damage, a breakdown risks further damage to the boat, she shall retire immediately.
- 6.4 The penalty for not complying with one of the above rules will be disqualification from all races sailed in which the rule is broken.

## **Schedule Of Races**

- 7.1 The format of the event will be described at the race brief. The format may be modified during the event in a fair and practical way as solely determined by the race committee taking into account the entries, weather conditions, time constraints and any other relevant factors.

## **Course and Time Limits**

- 8.1 Unless otherwise specified:
  - 8.1.1 The starting line will be between the mast of a committee boat and a starting mark;
  - 8.1.2 The finishing line will be between the mast of a committee boat and a finishing mark.
- 8.2 The starting mark, finishing mark and course marks will be described at the race brief.
- 8.3 The intended number of rounds per race will be communicated in the race brief.
- 8.4 The course configuration will be communicated in the race brief.
- 8.5 The race committee may move marks of the course at any time. Rule 33 will not apply.
- 8.6 Unless otherwise specified, the time limit for each race will be 40 minutes. Boats failing to finish within 15 minutes after the first boat finishes will be scored DNF. This amends rule 35.

## **The Start**

- 9.1 If flags are available, they shall be used iaw Rule 26. If flags are not available, races will be started by using the signals described below. The system in use will be clearly stated at the race brief.

<i>Signal</i>	<i>Minutes before starting signal</i>	<i>Sound</i>	<i>Visual signals</i>
Warning	3	One	3 battens
Preparatory	2	One	2 battens
One-minute	1	One	1 batten
Starting	0	One	No battens

- 9.2 Attention may be drawn to an imminent warning signal by a series of short sound signals. If flag AP has been flown, these signals may be used in place of the standard one minute interval. This amends race signal AP.

## Scoring

- 10.1 Scoring will be in accordance with Appendix A4 Low Point System.
- 10.2 The event will consist of a number of individual races.
- 10.3 Up to 2 discards will be permitted if 6 races are sailed and one discard if 5 races are sailed. If 4 or fewer races are sailed then no discards will be permitted.
- 10.4 The event is intended as a purely fleet racing event. Members of the same sailing club shall not employ any team racing tactics e.g. deliberately holding back a boat from the other sailing club. Such actions are against the spirit of the event and shall be subject to protest by the opposition if employed. However, a starboard tack boat may allow a port tack boat from the same sailing club to pass ahead.

## Avoidance of damage

- 11.0 Every effort must be made to avoid collision between boats or with other objects. Should a collision occur which causes damage, then both boats will retire immediately and a final position will be decided upon a hearing.

## Protests

- 12.1 Protests and requests for redress that have not been decided afloat shall be notified to the race office within 10 minutes after the relevant incident or, if the incident is afloat, within 10 minutes after coming ashore.
- 12.2 When a protest committee decides that a breach of a rule, other than a rule of Part 2, has had no significant effect on the outcome of a race, it may make any arrangement it decides is equitable, which may be to order a re-sail or to impose no penalty. This amends rule 64.1.

## Risk Statement

- 13.1 Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."
- 13.2 Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- 13.2.1 They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- 13.2.2 They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- 13.2.3 They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- 13.2.4 Their boat is in good order, equipped to sail in the event and they are fit to participate;
- 13.2.5 The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
- 13.2.6 The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.