

RN Inter-Region Team Racing Championship 2019 The Holt Cup

held under the burgee of the
Royal Navy Sailing Association

23-24 Mar 19



Principal Race Officer
Wayne Shirley

Race Officer
CPO Nick Miller

Race Committee
Cdr Andrew Wood
Wayne Shirley
Lt Matt Irwin

Part 1 – General Instructions

Venue

1. By kind permission of the Commanding Officer HMS EXCELLENT, the Holt Cup will take place at the Royal Navy Sailing Centre (RNSC), Portsmouth. The event will take place in 2000 class dinghies provided by RNSA.

Victualling

2. Food will not be provided at any point during the weekend.

Clothing/Changing facilities

3. Changing facilities are available at RNSC. Please do not leave valuables in the changing rooms. There will be a limited supply of loan clothing available from the centre during the weekend therefore competitors are encouraged to bring their own sailing clothing if available.

Parking

4. The area around the RNSC remains clear for access.

Programme

Fri 22 Mar 19	
PM	Teams arrive
1830	Team racing tactics session (led by Lt Cdr Hamish Walker in Sports Accom, HMS TEMERAIRE)
O/C	Proceed ashore for meal in Gunwharf (teams/groups to book separately)
Sat 23 Mar 19	
From 0830	Registration
0900	Race brief
1000	Launch
1030	First warning signal
1600	Racing complete
1800	RNSA AGM, Prizegiving & Annual Dinner*
Sat 24 Mar 19	
0930	Race brief
1030	Launch
1100	First warning signal
1400	Racing complete
O/C	Prize giving

*Email Gemma on admin@rnsa.org.uk for a ticket stating that you are attending Holt Cup– price £20 and details on RNSA website

Part 2 – Sailing Instructions

Rules

- 1.1 Racing will be governed by the *rules* as defined in the Racing Rules of Sailing including Appendix D, Team Racing Rules.
- 1.2 The right of appeal is denied in accordance with rule 70.5(a).
- 1.3 When boats are provided by the Organising Authority they shall be deemed to conform to their class rules. When class rules change rule 42, such changes shall not apply.
- 1.4 Neither umpires nor observers will be used.

Entries

- 2.1 To become eligible a team shall register as required by the notice of race.
- 2.2 After registration, no team member may be changed without the prior permission of the race committee.
- 2.3 The event will consist of 2 boat team racing. The format will be decided once the numbers of teams is confirmed.
- 2.4 Both the helmsman and crew must be serving members of the Region they represent, other than with consent of the Race Committee. The interchange or substitution of helm or crew shall be permitted only with the express permission of the Race Committee and then only in exceptional circumstances.
- 2.5 All competitors are to wear personal buoyancy (bearing the CE kitemark) and wet or dry suits at all times when afloat.

Notices to competitors

- 3.1 Notices to competitors will be posted on the official notice board located in the Sailing Centre.

Changes to sailing instructions

- 4.1 Changes to these SIs will be signalled by flying flag L from the shore signal position. Such changes will be posted on the official notice board not less than 10 minutes before the warning signal of the first affected race. In addition, if circumstances dictate, changes may be given verbally to team captains by the Race Officer.

Signals made ashore

- 5.1 The shore signal position is the flagpole outside the Sailing Centre.
- 5.2 When displayed ashore, AP (with two sound signals) means “Races not started are postponed”. The warning signal for the next race will be made not less than 10 minutes after flag AP is lowered (one sound signal). This amends race signal AP.

Boats

- 6.1 Boats will be provided for all competitors. Other than with the express permission of the Race Officer or Committee, competitors shall not modify them or cause them to be modified in any way except that wind indicators, including yarn or thread, may be tied or taped anywhere on the boat and a burgee may be flown.
- 6.2 Spinnakers, trapezes and the gear specifically provided for the utilisation thereof shall not be used.
- 6.3 Breakdowns
 - 6.3.1 When a supplied boat suffers a breakdown, rule D5 applies.
 - 6.3.2 Competitors are responsible for inspecting their boats before racing.
 - 6.3.3 Competitors shall report any defects, damage or breakdown to the race committee at the first reasonable opportunity.
 - 6.3.4 When to continue racing after damage, a breakdown risks further damage to the boat, she shall retire immediately.
 - 6.3.5 The race committee may postpone a resail indefinitely and score each team half a race win unless the result is relevant to progress, but not seeding, in the next round.
- 6.4 Continuity
 - 6.4.1 Before starting and after finishing or retiring, boats shall sail to minimise any delay to the race schedule and without interfering with any race in progress.
 - 6.4.2 A boat shall remain the responsibility of the team until handed over to the race committee or the next team to use that boat. Boats shall be handed over as empty of water as practical and in racing trim.
- 6.5 The penalty for not complying with one of the above rules will be disqualification from all races sailed in which the rule is broken.

Schedule of races

- 7.1 The format of the event will be described on the official notice board. The format may be modified during the event in a fair and practical way as solely determined by the race committee taking into account the entries, weather conditions, time constraints and any other relevant factors.
- 7.2 The schedule of races will be displayed on the official notice board. Any changes thereto and schedules for subsequent rounds will be displayed not less than 10 minutes before the start of that phase of the competition.
- 7.3 Every race will be assigned a race number in the race schedule.
- 7.4 Unless otherwise specified, the race number will be displayed on the committee boat between the preparatory signal and start signal for that race. When the race number is displayed in this way, it overrides all prior communications, schedules or instructions. The race committee may at any time remove a particular race from the published sequence of races and run it at a later time.

Course and time limits

- 8.1 Unless otherwise specified:
 - 8.1.1 The starting line will be between the mast of a committee boat and a starting mark;
 - 8.1.2 The finishing line will be between the mast of a committee boat and a finishing mark.

- 8.2 The starting mark, finishing mark and course marks will be described on the official notice board.
- 8.3 Unless otherwise signalled ashore or on the Committee Boat there will be 1 round.
- 8.4 The course configuration will be displayed on the official notice board.
- 8.5 The race committee may move marks of the course at any time. Rule 33 will not apply.
- 8.6 Unless otherwise specified, the time limit for each race will be 30 minutes. Boats failing to finish within 15 minutes after the first boat finishes will be scored DNF. This amends rule 35.

Start

- 9.1 Races will be started by using the following signals.

Signal	Minutes before starting signal	Sound	Visual signals (number of orange battens)
Warning	3	1	3
Preparatory	2	1	2
One-minute	1	1	1
Starting	0	1	0

- 9.2 When a boat is subject to rule 29.1, flag X need not be displayed for more than 1 minute after the starting signal; this amends rule 29.1. The race committee may hail the sail numbers or the total number of premature starters.
- 9.3 A boat that fails to start within two minutes of her starting signal will be scored DNS without a hearing. However, if the boat was OCS at her starting signal, she shall be scored in accordance with rule D3.1(b). This amends rules A4 and A5.
- 9.4 After a general recall, succeeding races may be delayed for the recalled race. Attention is drawn to SI 7.4.
- 9.5 Attention may be drawn to an imminent warning signal by a series of short sound signals. If flag AP has been flown, these signals may be used in place of the standard one minute interval. This amends race signal AP.

Scoring

- 10.1 Scoring will be determined by the number of entries.
- 10.2 The events will consist of a number of individual races. The winner of each race will be the team with the lower total race points for that race and will receive one race win.
- 10.3 The event winner will be the team with the most race wins.
- 10.4 In the event of a tie, the tie will be broken in favour of the team with the most race wins when the tied teams met. If this fails to resolve the tie, it will be broken in favour of the team with the lowest total race points when the tied teams met. If this fails, it will be broken in favour of the team with the lowest overall race points for the event.
- 10.5 If a boat becomes inverted, the crew will be allowed 2 attempts to right the vessel after which the safety craft reserves the right to intervene. As a result, the vessel will be scored DNF.

Penalty turns

- 11.0 RRS 44.2 will not apply. The alternative penalty for infringement of a Part 2 rule shall be one 270 deg turn, including one gybe if beating or one tack if sailing off wind.

Protests

- 12.1 Protests and requests for redress that have not been decided afloat shall be notified to the race office within 10 minutes after the relevant incident or, if the incident is afloat, within 10 minutes after the race finishes.
- 12.2 The protest committee may refuse to hear a protest or request for redress unless its outcome is relevant to progress, but not seeding, in the next round of the competition. This amends rule 63.1.
- 12.3 When a competitor breaks SI 2.5 (personal flotation devices and wet/dry suits), the competitor's team shall be penalised one race win without a hearing. This amends rule 63.1.
- 12.4 When a protest committee decides that a breach of a rule, other than a rule of Part 2, has had no significant effect on the outcome of a race, it may make any arrangement it decides is equitable, which may be to order a re-sail or to impose no penalty. This amends rules 64.1 and D3.1.

Risk statement

- 13.1 Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."
- 13.2 Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:
- 13.2.1 They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- 13.2.2 They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- 13.2.3 They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- 13.2.4 Their boat is in good order, equipped to sail in the event and they are fit to participate;
- 13.2.5 The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
- 13.2.6 The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.