

ROYAL NAVY INTER REGIONAL TEAM RACING
CHAMPIONSHIPS 2018 (The Holt Cup)

held under the burgee of the
ROYAL NAVAL SAILING ASSOCIATION

17-18 February 2018



Principal Race Officer

Richard Tarr

Race Committee

Cdr Gavin Marshall RN
Wayne Shirley

PART 1 - GENERAL INSTRUCTIONS

VENUE

1. By kind permission of the Commanding Officer HMS Excellent, the 2018 Inter Regional Team Racing Championship will be held at the Royal Navy Sailing Centre (RNSC), Portsmouth. Bosun dinghies will be provided by the RNSC.

CATERING

2. Competitors should provide their own food for the day.

CHANGING FACILITIES

3. There are changing facilities at RNSC. Please do not leave valuables in the changing rooms. There will be a limited supply of loan clothing available from the centre during the weekend therefore competitors are encouraged to bring their own sailing clothing if available.

PARKING AND ACCESS

4. Parking is available at HMS Excellent but competitors are to ensure that the area around the RNSC remains clear for access. Prize giving will be at 1400 on Sunday.

BRIEFING

5. A briefing for all competitors will be held at 0840 on Sat 17 Feb inside the RNSC.

PROGRAMME OF EVENTS

Fri 16 Feb

1800 Tactics talk in Sports Accommodation, HMS TEMERAIRE
1830 Proceed ashore to Gunwharf (Team Captains to book meals independently)

Sat 17 Feb

0830 Registration
0840 Briefing for all competitors
1000 Racing commences
1500 Racing complete for the day
1800 RNSA AGM, Gosport
1900 RNSA Annual Dinner, Gosport

Sun 18 Feb

0745 Vacate accommodation
0900 Briefing for all competitors
1000 Racing commences
1330 Racing complete
1400 Prize giving
1415 Depart

PART 2 - SAILING INSTRUCTIONS

RULES

1. Racing will be governed by the *rules* as defined in the Racing Rules of Sailing including Appendix D, Team Racing Rules.
2. The right of appeal is denied in accordance with rule 70.5(a).
3. When boats are provided by the Organising Authority they shall be deemed to conform to their class rules. When class rules change rule 42, such changes shall not apply.
4. Neither umpires nor observers will be used.

ENTRIES

1. To become eligible a team shall register as required by the notice of race or, if not specified, on arrival at the event.
2. After registration, no team member may be changed without the prior permission of the race committee which will be given only in exceptional circumstances.
3. The format of the event will be 2 boat team racing in Bosun dinghies, the format will be explained once numbers of teams is confirmed.
4. Both the helmsman and crew must be serving members of the Region they represent, other than with consent of the Race Committee. The interchange or substitution of helm or crew shall be permitted only with the express permission of the Race Committee and then only in exceptional circumstances.
5. All competitors are to wear personal buoyancy and wet or dry suits at all times when afloat.

NOTICES TO COMPETITORS

- 3.1 Notices to competitors will be posted on the official notice board located in the Sailing Centre.

CHANGES TO SAILING INSTRUCTIONS

- 4.1 Changes to these SIs will be signalled by flying flag L from the shore signal position. Such changes will be posted on the official notice board not less than 10 minutes before the warning signal of the first affected race. In addition, if circumstances dictate, changes may be given verbally to team captains by the Race Officer.

SIGNALS MADE ASHORE

1. The shore signal position is the flagpole outside the Sailing Centre.
2. When displayed ashore, flag AP with two sound signals (one sound signal when lowered) means "Races not started are postponed". The warning signal for the next race will be made not less than 10 minutes after flag AP is lowered. This amends race signal AP.

BOATS

1. Boats will be provided for all competitors. Other than with the express permission of the Race Officer or Committee, competitors shall not modify them or cause them to be modified in any way except that a wind indicators, including yarn or thread, may be tied or taped anywhere on the boat and a burgee may be flown.
2. Spinnakers, trapezes and the gear specifically provided for the utilisation of these shall not be used.
3. Breakdowns
 - 3.1. When a supplied boat suffers a breakdown, rule D5 applies.
 - 3.2. Competitors are responsible for inspecting their boats before racing.
 - 3.3. Competitors shall report any defects, damage or breakdown to the race committee at the first reasonable opportunity.
 - 3.4. When to continue racing after damage, a breakdown risks further damage to the boat, she shall retire immediately.
 - 3.5. The race committee may postpone a resail indefinitely and score each team half a race win unless the result is relevant to progress, but not seeding, in the next round.
4. Continuity
 - 4.1. Before starting and after finishing or retiring, boats shall sail to minimise any delay to the race schedule and without interfering with any race in progress.
 - 4.2. A boat shall remain the responsibility of the team until handed over to the race committee or the next team to use that boat. Boats shall be handed over as empty of water as practical and in racing trim.
5. The penalty for not complying with one of the above rules will be disqualification from all races sailed in which the rule is broken.

SCHEDULE OF RACES

- 7.1 The format of the event will be described on the official notice board. The format may be modified during the event in a fair and practical way as solely determined by the race committee taking into account the entries, weather conditions, time constraints and any other relevant factors.
- 7.2 The schedule of races will be displayed on the official notice board. Any changes thereto and schedules for subsequent rounds will be displayed not less than 10 minutes before the start of that phase of the competition.
- 7.3 Every race will be assigned a race number in the race schedule.
- 7.4 Unless otherwise specified, the race number will be displayed on the committee boat between the preparatory signal and start signal for that race. When the race number is displayed in this way, it overrides all prior communications, schedules or instructions. The race committee may at any time remove a particular race from the published sequence of races and run it at a later time.

THE COURSE AND TIME LIMITS

1. Unless otherwise specified:
 - 1.1. The starting line will be between the mast of a committee boat and a starting mark;
 - 1.2. The finishing line will be between the mast of a committee boat and a finishing mark.

2. The starting mark, finishing mark and course marks will be described on the official notice board.
3. Unless otherwise signalled ashore or on the Committee Boat there will be 1 round.
4. The course configuration will be displayed on the official notice board.
5. The race committee may move marks of the course at any time. Rule 33 will not apply.
6. Unless otherwise specified, the time limit for each race will be 30 minutes. Boats failing to finish within 15 minutes after the first boat finishes will be scored DNF. This amends rule 35.

THE START

1. Races will be started by using the following signals. Times shall be taken from the start of each sound signal; the failure of a visual signal shall be disregarded. This amends rule 26.

<i>Signal</i>	<i>Minutes before starting signal</i>	<i>Sound</i>	<i>Visual signals</i>
Warning	3	One	3 battens
Preparatory	2	One	2 battens
One-minute	1	One	1 batten
Starting	0	One	No battens

2. When a boat is subject to rule 29.1, flag X need not be displayed for more than 1 minute after the starting signal; this amends rule 29.1. The race committee may hail the sail numbers or the total number of premature starters.
3. A boat that fails to start within two minutes of her starting signal will be scored DNS without a hearing. However, if the boat was OCS at her starting signal, she shall be scored in accordance with rule D3.1(b). This amends rules A4 and A5.
4. After a general recall, succeeding races may be delayed for the recalled race. Attention is drawn to SI 7.4.
5. Attention may be drawn to an imminent warning signal by a series of short sound signals. If flag AP has been flown, these signals may be used in place of the standard one minute interval. This amends race signal AP.

SCORING

- 10.1 Scoring will be determined by the number of entries.
- 10.2 The events will consist of a number of individual races. The winner of each race will be the team with the lower total race points for that race and will receive one race win.
- 10.3 The event winner will be the team with the most race wins.
- 10.4 In the event of a tie, the tie will be broken in favour of the team with the most race wins when the tied teams met. If this fails to resolve the tie, it will be broken in favour of the team with the lowest total race points when the tied teams met. If this

fails, it will be broken in favour of the team with the lowest overall race points for the event.

PENALTY TURNS

- 11.0 RRS 44.2 will not apply. The alternative penalty for infringement of a Part 2 rule shall be one 270 deg turn, including one gybe if beating or one tack if sailing off wind. Should a collision occur sailing then both boats will retire immediately and a final position be decided upon a hearing.

PROTESTS

1. Protests and requests for redress that have not been decided afloat shall be notified to the race office within 10 minutes after the relevant incident or, if the incident is afloat, within 10 minutes after coming ashore.
2. The protest committee may refuse to hear a protest or request for redress unless its outcome is relevant to progress, but not seeding, in the next round of the competition. This amends rule 63.1.
3. When a competitor breaks additional rule 1.8, personal flotation device, or 1.9, wet or dry suits, the competitor's team shall be penalised one race win without a hearing. This amends rule 63.1.
4. When a protest committee decides that a breach of a rule, other than a rule of Part 2, has had no significant effect on the outcome of a race, it may make any arrangement it decides is equitable, which may be to order a re-sail or to impose no penalty. This amends rules 64.1 and D3.1.

RISK STATEMENT

- 13.1 Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."
2. Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:
 1. They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
 2. They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
 3. They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
 4. Their boat is in good order, equipped to sail in the event and they are fit to participate;
 5. The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
 6. The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.